



**F.I.T.**<sup>TM</sup>  
Look Better. Feel Better.



# F15<sup>TM</sup>

**BEGINNER 1 & 2**



FOREVER<sup>®</sup>

# F15™

## BEGINNER 1

### ARE YOU READY?

IT'S TIME TO GET  
INSPIRED AND TAKE THE  
NEXT STEPS TO LOOKING  
BETTER AND FEELING  
BETTER.

Please consult with  
a licensed physician or  
other qualified healthcare  
professional for more  
in-depth information before  
beginning any exercise  
program or using any  
dietary supplement.

CHANGE THE WAY  
YOU THINK ABOUT  
FOOD AND EXERCISE.  
LEARN HOW TO  
MAKE PERMANENT  
CHANGES FOR THE  
BETTER.

EACH PRODUCT IN F15 WAS  
CAREFULLY SELECTED TO WORK  
TOGETHER SYNERGISTICALLY.  
TAKE EACH PRODUCT AS DIRECTED  
IN THE SUPPLEMENT SCHEDULE  
FOR MAXIMUM RESULTS!

#### FOREVER ALOE VERA GEL®

helps cleanse the digestive system and  
maximize absorption of nutrients.



#### FOREVER FIBER®

provides a proprietary blend of 5g of water soluble  
fiber that can help promote feelings of fullness.



#### FOREVER THERM®

offers a powerful combination of botanical extracts  
and vitamins that can help support metabolism.



#### FOREVER GARCINIA PLUS®

may help the body burn fat more efficiently and help  
suppress appetite by increasing serotonin levels.



#### FOREVER LITE ULTRA®

shake mix is a rich source of vitamins and  
minerals with 17g of protein per serving.



Forever  
Aloe Vera Gel®  
2X 1-Liter  
Bottles

Forever  
Lite Ultra®  
1X 15 Serving  
Pouch

Forever  
Garcinia Plus®  
90 Softgels

What your  
F15 Pak  
includes:

Forever Therm®  
30 Tablets

Forever Fiber®  
15 Packets







FOREVER®

**F.I.T.**™  
C9 F15 V5  
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