



Vital⁵

Advanced Nutrition Made Simple

Forever Living Products is proud to introduce Forever Vital5 - our solution to healthy nutrition in one simple pack. Vital 5 contains Forever Freedom, Forever Daily, Forever Active Probiotic, Forever Arctic Sea and ARG1+. Together these products help to support the Nutrient Superhighway.

The Nutrient Superhighway is the transportation of nutrients through our bodies to our cells and tissues. We take in nutrients from our food and the dietary supplements we consume, and the Nutrient Superhighway ensures that these nutrients are delivered to every cell and tissue, plus it removes the waste products our bodies normally generate - all to help keep our bodies functioning optimally. In a nutshell, nutrients move along the Nutrient Superhighway to where they are needed, and wastes are carried to be eliminated from the body.

Forever Freedom supports the digestive tract – one of the primary components of the Nutrient Superhighway, where our food and nutrients are absorbed. Aloe can help to support nutrient absorption and bioavailability as well as waste elimination.

Forever Daily provides essential vitamins and minerals and helps to ensure we are obtaining the levels of these nutrients we need for optimal

health. It can also help to fill in the gaps in nutrients that our diets may be missing. These nutrients are then carried along the Nutrient Superhighway to our cells and tissues to support optimal functioning.

Forever Active Probiotic supports the proper balance of good and bad bacteria in our bodies, to support digestion and the absorption of nutrients onto the Nutrient Superhighway.

Forever Arctic Sea provides a balance of the essential fatty acids that are missing in our modern diets. Omega 3 fatty acids from cold water fish help to correct the imbalance in our diets and bring us closer to the ideal 1:1 ratio of Omega 3:Omega 6 fatty acids that helps to support the cardiovascular system and digestive tract – both essential components of the Nutrient Superhighway.

Argi+ provides arginine plus supportive nutrients for nitric oxide production in our bodies. Nitric oxide supports the circulatory system, which carries nutrients through our bodies to the cells and tissues and also carries waste products from normal metabolic processes to be eliminated by the body and support cell function.

CONTENTS / SUGGESTED USES

Forever Freedom - 4 oz daily in the morning

Forever Daily - 1 tablet morning and 1 tablet lunch

Forever Active Probiotic - 1 beadlet daily in morning

Forever Arctic Sea - 2-3 softgels in morning and 2-3 softgels at lunch

Argi+ - 1 scoop in morning or before exercise



- Promotes a healthy digestive system
- Nourishes and protects our bodies
- Pure source of EPA and DHA
- Boosts nitric oxide production

PRODUCT #459

The statements contained herein have not been evaluated by the FDA. The products discussed are not intended to diagnose, mitigate, treat, cure or prevent a specific disease or class of diseases. You should consult your family physician if you are experiencing a medical problem.