



FOREVER



The Vital 5 Pack contains:

**2 x Forever Aloe Vera Gel**

The benefits of Aloe can be traced back through history, but Forever grows, harvests and manufactures the plant through a patented process which has been perfected to produce naturally succulent and high quality aloe. Our famous plain Aloe Vera Gel has been our top selling product for decades and it's an ideal digestive aids.

**Ingredients:**

Stabilized Aloe Vera Gel, stabilizer (sorbitol), antioxidant (ascorbic acid), acidity regulator (citric acid) preservative (potassium sorbate), thickener (xanthan gum), antioxidant (tocopherol).



### 1 x Forever Daily

A food supplement designed to deliver 100% of the recommended daily allowance (RDA) of essential vitamins and bio-available minerals and nutrients. Forever Daily combines fifty-five perfectly balanced aloe-coated nutrients including vitamins A, C, D and B12, Iron, Calcium and Zinc. Take with the Aloe Vera Gel for best results.

#### Ingredients:

Calcium (as di-calcium malate), vitamin C (as ascorbic acid), magnesium (as di-magnesium malate), vitamin E (as d-alpha tocopherol and mixed tocopherols), iron (as iron bis-glycinate chelate), vitamin B7 (as biotin), zinc (as zinc glycinate chelate), vitamin B5 (as d-calcium panthothenate), vitamin B3 (as niacinamide), vitamin A (as beta carotene), copper (as copper glycinate chelate), iodine (as potassium iodide), manganese (as manganese glycinate chelate), chromium (as chromium nicotinate glycinate chelate), vitamin D (as cholecalciferol), vitamin B12 (as cyanocobalamin), vitamin B6 (as pyridoxine HCl and pyridoxal 5-phosphate), selenium (as selenium amino acid complex), vitamin B1 (as thiamin hydrochloride), vitamin B2 (as riboflavin), molybdenum (as molybdenum glycinate chelate), folic acid, apple powder, beet powder, red pepper, tomato powder, strawberry powder, cranberry powder, acerola powder, cabbage powder, spinach powder, onion powder, mangosteen powder, acai powder, blackberry powder, pomegranate powder, blueberry powder, broccoli powder, kale powder, carrot powder, pumpkin powder, grape powder, citrus bioflavanoids, quercetin, aloe vera gel, rutin, hesperidin, alpha-lipoic acid, coenzyme Q10, lutein, lycopene, zeaxanthin, resveratrol, Silicified microcrystalline cellulose, stearic acid, croscarmellose sodium, ethyl vanillin, sodium carboxymethylcellulose, dextrin, dextrose, medium chain triglycerides, trisodium citrate.



### 1 x Forever Active Probiotic

Forever Active Probiotic is delivered by patented encapsulation technology to ensure 'good bacteria' is released in the important part of your intestinal tract. These easy-to-swallow beadlets require no refrigeration, making them convenient to take while travelling or on the go. N.B. Contains soy.

#### Ingredients:

Palm Oil, Gelatin (**fish**), 10% Lactic Bacteria (Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus bulgaricus, Bifidobacterium lactis, Lactobacillus plantarum, Lactobacillus rhamnosus), Humectant (Glycerol), Stabilizer (**Soy** Lecithin, Pectin), Colour (Caramel Colour). Allergy advice: for allergens, see ingredients in bold.



### 1 x Forever Arctic Sea

The human body cannot naturally make the omega-3 fatty acids which are commonly found in fish. Forever Arctic Sea's blend of natural fish and calamari oil contains the essential fatty acids EPA – which contributes to the normal function of the heart – and DHA – which contributes to the maintenance of normal brain function. N.B. Contains fish (salmon, anchovy and cod).

#### **Ingredients:**

Natural **fish** oil, gelling agent (gelatin), humectant (glycerin), water, **calamari** oil (**mollusc**), olive oil, natural lemon oil, natural lime oil, antioxidant (d-alpha-tocopherol). Allergy advice: for allergens, see ingredients in **bold**.

**Contains fish (salmon, anchovy, cod).**



### 1 x Forever Argi+ Sachets

This delicious and nutritious berry-flavoured sports drink contains five grams of L-Arginine per serving plus vitamins, including vitamin C – which contributes to the reduction of tiredness and fatigue – and vitamin D – which contributes to the maintenance of normal muscle function.

#### **Ingredients:**

L-arginine, vitamin C (as ascorbic acid), vitamin K2 (as menaquinone), vitamin D3 (as cholecalciferol), vitamin B6 (as pyridoxine hydrochloride), vitamin B12 (as cyanocobalamin), folate (as folic acid), grapeskin extract, pomegranate extract, red grape extract, blackcurrant juice powder, elderberry juice powder, raspberry juice powder, morello cherry juice powder, blackberry juice powder, blueberry juice powder, citric acid, silicon dioxide, monopotassium phosphate, maltodextrin, natural mixed berry flavour, xylitol, sucralose, d-ribose.

**If you have a heart condition, are pregnant or taking other medication, consult your doctor before using this product.**

